

Manhattan Beach Sun

The Weekly Newspaper of Manhattan Beach

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Earth Day Celebration Honors Sustainability



On April 26th, Waste Management of Southern California joined the City of Manhattan Beach at the 22nd Annual VOICE Earth Day Celebration and Concert at Polliwog Park where they honored seven businesses as a part of Waste Management's Green Business Certification Program. Together, Waste Management, Manhattan Beach Mayor Amy Howorth and Councilmembers Wayne Powell, David Lesser and Mark Burton recognized Trilogy Spa, Nikau Kai, Children's Orchard, Bacchus Wine, Shore Fit, Two Guns Espresso and Ripe Choice for their sustainability efforts and for providing a healthier work environment for their employees. "The businesses honored have incorporated optimal sustainability practices by reducing waste, conserving water and reducing energy," said Janine Hamner of Waste Management. "They are the leaders in making Manhattan Beach a greater and greener place to live, play and work." Pictured from left to right: Mayor Amy Howorth, Mayor Pro Tem Wayne Powell, Council member David Lesser, Green Business honoree The Ripe Choice, Council Member Mark Burton, Green Business honoree Children's Orchard, WM's Janine Hamner, Green Business honoree Trilogy Spa, Green Business honoree Bacchus Wine, and Green Business honoree Nikau Kai.

Bocce Courts Project Given Boeing Employee Grant

By Dylan Little

The Friends of Torrance Exceptional Athletes (FTEA) have been working on building three handicap friendly bocce courts at Columbia park, and thanks to the donations of a group of Boeing employees, they are much closer to accomplishing their goal. Long-time FTEA and South Bay Bocce Court Project volunteer Bob Chiota helped the group submit a grant proposal to the Boeing Employees Community Fund, an employee-owned organization that charitably funds community organizations. On April 28, Boeing employees decided to contribute \$5,000 to building these bocce courts, the maximum the organization can fund any one project. "I was beside myself," said Chiota. "We were a first time requester and they rarely give the maximum the first time around."

The Bocce Court Project doesn't just solicit donations; the group has hosted numerous fundraising events. One of the most notable was last month's Charity Bocce tournament held in Hawthorne. The event drew in teams from as far as San Diego, with the SNAFU team from Downey and the Andiamo Bocce team from San Pedro winning first and second place respectively. More importantly, the event brought in \$3,400 in donations to help construct the courts through entry fees, bake sales and a raffle.

The proceeds from this tournament and other fundraising efforts of the South Bay Bocce Court Project are pledged towards turning an unused basketball court at Columbia Park into three handicap- and

elderly-accessible bocce courts, which will be available as a safe and convenient place for Torrance's aging, physically challenged and general populations to enjoy the sport. The group hopes to raise between \$55,000 and \$60,000 to create three unique bocce courts at the park. These courts are especially important to those with mobility difficulties because according to the South Bay Bocce Court Project all the existing bocce courts in the South Bay are inaccessible to wheelchairs and are difficult to navigate for people who are unsteady on their feet. They are also, for the most part, poorly lit, which makes it hard to have matches that last past sundown. The courts they are planning on building would fix these issues. The proposed designs include lights and other features to make them more accommodating to people with limited mobility, with measures like doors in the backstops to allow wheelchair access, smooth turf instead of dirt to make the lanes less cumbersome.

While all these components add to the cost, the South Bay Bocce Courts Project is determined to build them at no cost to the City. They are instead relying on tax-deductible donations. Chiota hopes the community will be generous with the project and see the benefits not only for older residents and special athletes, but for all of Columbia Park's visitors. He also explained that the group has set up a method so donors can make a tax-deductible gift to the organization anytime they want, so they can help special-needs athletes and get a tax write-off. Already

several individuals have written a check to the city of Torrance, with an explanation in the memo field that the money is to go toward constructing the bocce courts. Any funds donated in this manner will make their way to Torrance Community Services director John Jones and will be earmarked until the project has enough funds to start construction. "This makes it a win-win-win for the athletes, the community and the taxpayers," said Chiota. "It's the simplest thing in the world."

A game of bocce is played between two players, or two teams of up to four players each. A match is started by having one side throw a smaller ball called the pallino from one end of the court into a zone near the far end of the court. The side that threw the jack is then able to start bowling. Once the first bowl has taken place, the other side has the opportunity to bowl. From then on, the side which does not have the ball closest to the jack has a chance to bowl, up until one side or the other has used their four balls. At that point, the other side bowls its remaining balls. The team with the closest ball to the jack is the only team that can score points. The scoring team receives one point for each of their balls closer to the jack than the closest ball of the other team. The length of a game varies, but is usually between seven and 13 points. Unlike more physical sports like football, soccer or basketball, Bocce can be played by anyone who knows the rules and can throw a ball. The easy to learn,

See Bocce, page 4

Weekend Forecast

Friday
Sunny

79°/62°



Saturday
Sunny

72°/58°



Sunday
Partly Cloudy

65°/55°



Calendar

MANHATTAN BEACH CALENDAR

SATURDAY, MAY 3

• Free Community Workshops with Yarn Bombing Los Angeles, 1-4 p.m., Creative Arts Center, 1560 Manhattan Beach Boulevard. For more information call (310) 802-5440.

TUESDAY, MAY 6

• City Council Meeting, 6-11 p.m., City Council Chambers, 1400 Highland Avenue. Next meeting: May 20.

SATURDAY, MAY 10

• Annual Police Memorial Ceremony, 10-11 a.m., Manhattan Beach Police Department, 420 15th Street (Public Safety parking lot).

• Police and Fire Station Open House, 11 a.m.- 2 p.m., Manhattan Beach Police/Fire Station, 400 15th Street. The Police Jail and Fire Station will be open for guided tours throughout the day.

FRIDAY, MAY 16

• 36th Annual Older Adults Health Fair, 8:30 a.m.-1:30 p.m., Joslyn Community Center, 1601 Valley Drive. For more information call (310) 802-5448.

SATURDAY, MAY 17

• 3rd Annual Community Movie in the Park, 7:45-9:30 p.m., Polliwog Park Amphitheater, 1601 Manhattan Beach Boulevard. For more information call (310) 802-5448.

• Roundhouse Aquarium 5K Fun Run, 9:30 a.m. at the pier. For more information go to www.roundhouseaquarium.org.

THURSDAY, MAY 22

• Mark Vasquez Memorial blood drive, 1 p.m. – 7 p.m. at Joslyn Community Center (1601 Valley Drive). To make an appointment, go to redcrossblood.org and enter sponsor code MarkVasquez or contact Lee Vasquez at LeeVasquez@yahoo.com.

ONGOING

• Sea Story time, every Sunday at 11:30 a.m., at the Roundhouse Aquarium at the end of the Manhattan Beach pier.

• Free classes, 10-11 a.m., Manhattan Beach Botanical Garden amphitheatre on west side of Polliwog Park. For more information call (310) 546-1354 or email Julie@manhattanbeachbotanicalgarden.org.

Looking Up

Evidence of 26 Atomic Bomb Scale Asteroid Impacts since the Year 2000

By Bob Eklund

At a press conference April 22 at the Seattle Museum of Flight, three prominent astronauts supporting the B612 Foundation presented a visualization of new data showing the surprising frequency at which the Earth is hit by asteroids. The astronauts were guests of the Seattle Museum for a special series of public events on Earth Day 2014.



An artist's view of the Chelyabinsk "superbolide" event shows the meteor fragment which exploded over Russia last year. Credit: Don Davis for space.com

Dr. Ed Lu, former US shuttle and Soyuz astronaut and co-founder and CEO of the B612 Foundation, was joined by former NASA astronaut Tom Jones, president of the Association of Space Explorers and Apollo 8 astronaut Bill Anders, first chairman of the Nuclear Regulatory Commission and former chairman and CEO of General Dynamics, to

discuss findings recently released from the Nuclear Test Ban Treaty Organization, which operates a network of sensors that monitors the Earth around the clock listening for the infrasound signatures of nuclear detonations.

Between 2000 and 2013, this network detected 26 explosions on Earth ranging in energy from 1 to 600 kilotons—all caused not by nuclear explosions, but rather by asteroid impacts. To put that in perspective, the atomic bomb that destroyed Hiroshima in 1945 exploded with an energy impact of 15 kilotons. While most of these asteroids exploded too high in the atmosphere to do serious damage on the ground, the evidence is important in estimating the frequency of potential "city-killer-size" asteroids. For a video visualization of the findings, showing the impact size range and location of all 26 explosions, see: <https://b612foundation.org/portfolio/impact-video>

The Earth is continuously colliding with fragments of asteroids, the largest in recent times exploding over Tunguska, Siberia, in 1908 with an energy impact of between 5 and 15 megatons. More recently, we witnessed the 600-kiloton impact in Chelyabinsk, Russia, in 2013, and asteroid impacts greater than 20 kilotons occurred in South Sulawesi, Indonesia, in 2009, in the Southern Ocean in 2004, and in the Mediterranean Sea in 2002. Important to note as well is the fact that none of these asteroids were detected or tracked in advance by any existing space-based or terrestrial observatory.

"While most large asteroids with the potential to destroy an entire country or continent have been detected, less than 10,000 of the more than a million dangerous asteroids with the potential to destroy a major metropolitan area have been found by all existing space or terrestrially-operated observatories," stated Lu. "Because we don't know where or when the next major impact will occur, the only thing preventing a catastrophe from a 'city-killer' sized asteroid has been blind luck."

The B612 Foundation aims to change that by building the Sentinel Space Telescope Mission, an early warning infrared space telescope for tracking asteroids that would provide many years to deflect an asteroid when it is still millions of miles away. The B612 Sentinel Mission will be the world's first privately funded deep space mission that will create the first comprehensive dynamic map of our inner solar system, identifying the current and future locations and trajectories of Earth crossing asteroids. Sentinel will detect and track more than 200,000 asteroids in just the first year of operation, after a planned launch in 2018.

The B612 Foundation (<http://www.b612foundation.org>) is named for the asteroid home of the "Little Prince" in Antoine de Saint-Exupery's classic novel, *Le Petit Prince*. The Little Prince came to realize that what is essential in life is often invisible to the human eye. •



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Seniors

Smart Shopping Tips for Budget-Savvy Baby Boomers



(BPT) - While the economy is moving again, many Americans - baby boomers included - continue to realize the importance of good money management skills. Boomers are focused on making the most of their money by boosting earnings, investing more and shopping smarter.

“Smart shopping isn’t about spending less on something, but about making sure you get the best value for the money you spend,” says America’s top lifestyle expert and author Mar Jennings. “Fortunately, with some savvy shopping tactics, it’s possible to stretch your dollars without skimping on your lifestyle.”

Jennings offers some sMART shopping tips for boomers:

- Plan shopping trips before you leave the house. Make lists, map out your route and consolidate errands into one trip. You’ll not only save time and gas, you’ll cut down on impulse buys that will affect how much you spend overall.

- Keep quality in mind when you’re tempted to buy less expensive brands of everyday necessities. For people with bladder control issues, Depend Underwear with new Fit-Flex protection is a smart buy because it offers a discreet fit that helps give you the freedom and confidence you need every day.

- Try samples before investing in a full-sized product. Many manufacturers offer free samples of everyday items - like laundry detergent or personal care products - through their websites. For example, you can request a free sample of Depend Underwear with

new Fit-Flex protection at www.Depend.com. Sampling products can help ensure you spend money only on things that you know you’ll use and work well for you.

- If you have the storage space, don’t be afraid to stock up when something you use often is on sale. Buying something you know you will use when the price is right ensures you won’t end up paying more when you run out of it.

- Coupon, coupon, coupon! Digital coupons have made it easier than ever to save. Consumers have embraced high-tech mobile coupons as a “green” and convenient alternative to traditional paper coupons. Look for a free app, like Retail Me Not, that allows you to select your favorite stores and use online or in-store coupons. You can even opt in to receive emails with additional discount offers.

- When you’re buying a big-ticket item, ask for a discount, even if none is advertised. More retailers these days are open to negotiation, and often the difference between paying full price and getting a discount is simply asking for one.

- Pay cash whenever possible and minimize credit card purchases. It’s human nature - and a tried-and-true tactic - that seeing actual dollar bills go out of your wallet underscores the fact that you’re spending real money. Paying with a credit or debit card often doesn’t have the same psychological effect. Spending cash can make you think twice about impulse purchases. •

Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday’s paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

Errors: Please check your advertisements immediately. Any corrections and/or changes in an ad must be requested prior to the following Tuesday deadline in order to receive a credit. A credit will be issued for only the first time the error appears. Multiple runs will only be credited for the first time the error appears. No credit will be issued for an amount greater than the cost of the advertisement.

Beware: Employment offers that suggest guaranteed out-of-state or overseas positions may be deceptive or unethical in nature. If you have any doubts about the nature of a company, contact the local office of the Better Business Bureau, (213) 251-9696. Herald Publications does not guarantee that the advertiser’s claims are true nor does it take responsibility for those claims.

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Garage for Rent \$200 a month in Lawndale leave message (310) 644-0636.

GARAGE SALE
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ROOM FOR RENT
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TOWNHOUSE FOR RENT
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To appear in next week’s paper, submit your Classified Ad by Noon on Tuesday.

Finance

Caught In a Data Breach? How to Reclaim Control of Your Credit and Identity



(BPT) - By the end of the first quarter 2014, more than 200 data breaches compromised millions of consumer records, according to the Identity Theft Resource Center, which keeps track of reported data breaches. Stunned? Data breach stats are even more staggering if you’re among the millions of Americans caught up in one every year.

In addition to the potential monetary loss and identity theft risks, data breaches can also rob you of your sense of security and confidence. When you learn you’ve been involved in a data breach, it’s important to take steps to help protect your identity and financial accounts, and to rebuild your sense of security.

Often, breached organizations will offer affected customers some form of credit

monitoring for a set period of time (usually one year) after the breach. While such services may go a long way toward making you feel more secure, be sure you understand exactly what the offered product can - and can’t - do to help you recover from the potential impact of a data breach.

Data breaches, credit monitoring and identity theft risks

Consumers whose personal or financial information is compromised in a data breach may be at greater risk of experiencing identity theft. In 2013, more than 13 million Americans experienced identity fraud, according to a study by Javelin Strategy.

Credit monitoring products aim to help minimize identity theft risks by keeping an

See Finance, page 8



We’re delivering on our promise.

The Draft 2014 Short Range Transportation Plan is available for public comment. The Plan highlights how Metro is delivering on projects and programs over the next ten years.

Attend a Community Meeting in your area:

May 6, 2014, 6:30pm
 SAN GABRIEL VALLEY
 El Monte Metro Bus Station
 3rd Floor
 3449 Santa Anita Av
 El Monte, CA 91731

May 7, 2014, 6:30pm
 GATEWAY CITIES
 Salt Lake Park
 Recreation Center Lounge
 3401 E Florence Av
 Huntington Park, CA 90255

May 8, 2014, 6:30pm
 SOUTH BAY CITIES
 Hawthorne Memorial Center
 3901 W El Segundo Bl
 Hawthorne, CA 90250

For more information, visit metro.net/srtp2014 or call the hotline at 213.922.2833.

If you are not able to attend a meeting, you can still submit comments by May 12, 2014 to:

✉ Countywide Planning & Development
 One Gateway Plaza
 Mail Stop: 99-23-2
 Los Angeles, CA 90012
 Attention: Robert Cáliz

✉ metroplan@metro.net

All Metro meetings are held in ADA accessible facilities. Translations and other ADA accommodations are available by calling 213.922.2833 at least 72 hours in advance.

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 日本語 русский



Sports

Bocce

from front page



Players in the middle of a bocce match during the South Bay Bocce Courts project's Charity Tournament held in April. Photo by Dylan Little.

difficult to master nature of the sport has made it popular with the FTEAs and older athletes who are no longer able to participate in strenuous contact sports. While not quite the workout that a game of basketball is, Bocce is still a good way of staying active

and healthy, and allows its players a setting for being social and building self-esteem. Chiota says the game can be played by anyone, regardless of disability, including the wheelchair-bound and the blind. Currently there are over 50 athletes participating in FTEA's bocce program. To help make these handicap and elderly accessible courts a reality, Chiota says it will take more than just donations, it will require community outreach. "Keep sounding the alarm," said Chiota. "It's important that the Mayor and city officials know that we want to make this project part of our community." •

Cheating in Baseball

By Adam Serrao

Last Wednesday night at Fenway Park, the baseball world was put on notice when Yankees pitcher Michael Pineda was ejected from the game in the second inning of New York's 5-1 loss to the Red Sox. Boston manager John Farrell complained that pine tar was blobbed on the side of Pineda's neck. The embarrassing part was, for Pineda, that this wasn't the first time that he had been seen with the obvious print of pine tar on one part of his body or another. Despite Major League Baseball's clear stance

for everyone to see, but he did it in his very next start against the team that he should have been caught for using it against not even two weeks previously. "Guys look to create a grip," opposing manager John Farrell said, "but typically you're not looking to be as blatant."

Despite the idiocy of it all on Pineda's part, other players, including those on the opposing team, don't seem to have much of a problem with what he did. Red Sox catcher A.J. Pierzynski thinks that it could help with the safety of the players coming up to the

"Drugs like steroids and HGH are so heavily frowned upon, substances like pine tar have recently seemed to have been given a pass by both players and fans alike."

on the use of illegal substances in the game, however, most players and coaches didn't seem to mind. Many instances of cheating have arisen throughout the years in the game of baseball, but while drugs like steroids and HGH are so heavily frowned upon, substances like pine tar have recently seemed to have been given a pass by both players and fans alike.

Once officially caught, Pineda was suspended 10 games by Major League Baseball "for possessing a foreign substance on his person." 10 games may, at first, seem to be a little excessive, but as Executive Vice President of Baseball Operations Joe Torre stated, "We just felt that, with the ten games, it was necessary for him to miss two starts instead of just one." On top of the suspension, however, Pineda should have been more embarrassed than anything. Just a week and half prior, in an April 10th game against the Red Sox, Pineda had attracted the opposing team's attention by using a substance that looked eerily similar to pine tar on his mitt and later on the palm of his hand. Since the opposing manager never came out and said anything to the umpires, he was never caught and got away with the infraction. In the very next series against one another, almost like a robber breaking into the same house two nights in a row, Pineda was seen using pine tar again, except this time, more obviously. While most players and coaches choose to just let it go, Red Sox manager John Farrell was forced, this time, to bring it to the attention of the umpires.

"I think we are all embarrassed," Yankees General Manager hat I feel stupid," Pineda told ESPNDeportes.com. "It was a last minute decision when I went out in the second inning, and since I was unable to see myself, I did not know how much I put on until I saw the video." Those watching Pineda on the mound probably couldn't help but feel embarrassed for the guy. Most people who cheat do so indiscreetly: Pineda, however, chose not only to put a huge portion of the stuff on his neck

plate. "I don't have a problem with guys that do it," he said. "I know as a hitter, I want to get in there and know that the guy has a grip. Put it on your hat, put it on your pants, your belt, put it on your glove, whatever you have to do. You just can't do it that blatantly. That was what the biggest issue was. No one has an issue with him doing it. It's just more of the fact that it's so blatant." Sure, it's not steroids, stealing signs, a corked bat or, heaven forbid, betting on a game (see Pete Rose), but it is plainly written in the rules of the game that the use of illegal substances is just that: illegal. If Pineda wanted to get away with it, he perhaps shouldn't have put it on his neck. Maybe a little on his forehead to keep his cap on straight would have been a better idea.

Pineda's recent gaffe has brought to light some of the other biggest cheaters in baseball and has given us the opportunity to take a look back. For instance, the 1919 Chicago White Sox. Who could forget about the Black Sox World Series scandal and the involvement of the mob to fix what was, at the time, the biggest sporting event on the planet? Certainly 'Shoeless' Joe Jackson wouldn't. There was Albert Belle and his corked bat and distinct predisposition to running into second baseman with the clear intent to injure them. Of course, the aforementioned Pete Rose makes the list with his gambling tendencies. John McGraw hid balls in the outfield, spiked opposing players with his cleats, watered down base paths, grew out the infield grass and even started a riot. After getting into a fight with the opposing third baseman, a riot begun that eventually destroyed 170 neighboring buildings in 1894. Ty Cobb sharpened his spikes, George Brett has a pine tar incident named after him and who could possibly forget about Mark McGwire, Sammy Sosa, Roger Clemens, Barry Bonds and the many, many other that have made baseball the game it is today. Now Pineda's pine tar incident doesn't sound like such a terrible offense after all. •

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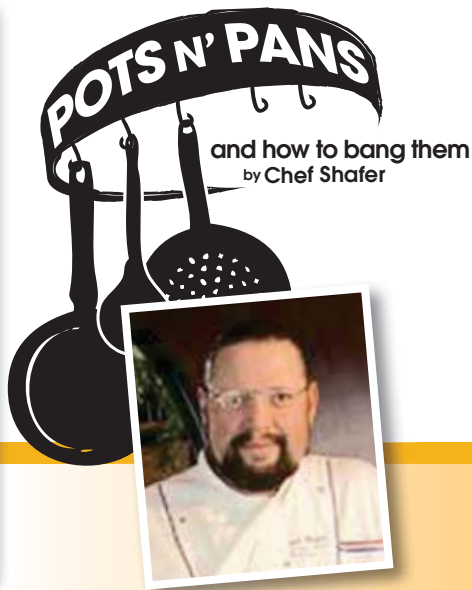
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The Meyer lemons are coming in and they are very juicy this year. I love to use them to make a Meyer lemon key lime style pie. If you don't know what a key lime pie is then you've got to go to the Florida Keys and try one. When I was a kid I would go down to the keys and dive into the pie that is made out of the limes that grow in the region. It's pretty easy to make. It just takes time to squeeze the lemon juice. You know what they say "if life gives you lemons... make lemon pie!"

The Chef



Meyer Lemon Pie



Crust

2 cups graham cracker crumbs • 1/2 cup sugar • 6 tablespoons melted butter
Mix together in a bowl then press into a 10-inch pie pan.
Bake in the oven at 350° for 20 minutes then cool.

Filling

2 x 4 oz. cans condensed milk • 1 cup fresh squeezed Meyer lemon juice • 2 eggs
Mix together; pour into cooled pie shell and bake at 350° for 15 minutes then cool.

Topping

1 cup sour cream • 3 tablespoons powder sugar • 1 teaspoon lemon zest
Mix the sour cream and sugar together and pour over cooled pie.
Sprinkle with the zest, chill and eat. •

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Politically Speaking

One Man's Opinion

By Gerry Chong

Just went a'flippin' through the papers this morning, hoping against hope that this is the day.... the one day the government that wants to make all decisions for us

"In 35 states welfare paid more than the minimum wage, and in some places like Hawaii, welfare paid over \$60,000 per year!"

individually, can finally do something right. My good old boy buddy from Texas often laughed and said, "Even a blind pig finds an acorn once in a while" so keep your hopes up. Maybe today is the day.

Anyway, on to page one: it seems President Obama said he would respond to the Ukrainian crisis in a measured way, with no boots on the ground. Well, guess what? Today the Pentagon announced 6,000 U.S. paratroopers would be sent to Eastern Europe in response to the crisis. Maybe these troops won't wear boots, thus rationalizing the president's prior message. Seems to me most people would want a president to respond in a clear and unequivocal way, but this president wants to so nuance his message that there is no meaningful message.

Well, on to page two we go. The IRS had given \$2.8 million in bonuses to 2,800 employees who had not paid their income taxes. While that is a violation of federal law, it is not a violation in the union contract so the government must enter a grievance procedure with the union to require employees pay income taxes. Otherwise they can keep their bonuses for their good work.

Now to news about the environment: Having tracked cows for years, the EPA

has concluded methane is a greenhouse gas that pollutes the environment, and that cow flatulence is a major source of methane. In late March the EPA has proposed cutting methane by 25% by 2020, no doubt laying

the groundwork for a new federal law requiring cows to conduct themselves in a more ladylike manner. After all, the human race depends on it.

Flip the page again to state and local news: 26 states have found a win-win solution to the growing cost of paying for their prison population while promoting government health insurance. First, prisoners are enrolled in Medicaid so their costs are transferred to the Feds. Then when prisoners are released they will be automatically enrolled to a healthcare plan at taxpayer cost. Voila! Fewer uninsured people so it's a "two-fer" one winner.

And finally, on to the last page of the paper: The Cato Institute released its report entitled "The Work versus Welfare Tradeoff," which concluded that in 35 states welfare paid more than the minimum wage, and in some places like Hawaii, welfare paid over \$60,000 per year! Yet, The New York Times bemoans the fact that the poor and middle class are falling behind the rest of the world in per capita revenue. Clearly the solution to poverty is to raise the minimum wage to the level of welfare.

Oh, well, I'll just throw today's paper in the trash, and hope tomorrow we'll see stories of the government's successes. •

Another Man's Opinion

In Need of Trustworthy News Outlets

By Cristian Vasquez

This week there has been a feud going on between two cable-television stars. Anchor of Comedy Central's The Daily Show Jon Stewart and Fox News anchor Sean Hannity have been in the middle of an entertaining back-and-forth that was triggered by comments made by Stewart. Naturally, Hannity responded and now we have an entertaining exchange between one of the loudest conservative voices on television and one of the funniest late-night comedians on TV. As funny as it is to see Stewart and his team of writers tear Hannity apart one clip at a

"Also, I do enjoy The Daily Show because it makes fun of the absurd flaws in the media, among conservatives and liberals, and anything pop culture related."

time, it is a reminder that the biggest sources of news for Americans are beyond inefficient.

In honor of full transparency, I will admit that I am not a fan of Fox News. They are irresponsible in using fear to reinforce conservative principals with their viewers, with absolute disregard for honesty. Also, I do enjoy The Daily Show because it makes fun of the absurd flaws in the media, among conservatives and liberals, and anything pop culture related. Yet, this exchange highlights what a short attention span we have as a society and the desperate need for real fair and balanced news. Considering MSNBC, Fox News, or even CNN, as unbiased, fair, or balanced news sources is a horrible mistake. The truth is that when a 30-minute news satire can accurately ridicule and highlight the hypocrisy and inefficiency in our major news outlets, then we have a huge problem. In this world of the 24-hour news

cycle, a half-an-hour comedy show is infinitely better at sorting out the lies and propaganda packaged by these news outlets.

However, because Stewart and his staff of writers are in it for the comedy and entertainment value of things, they are not the answer to this lack of efficient information. The Daily Show's writers compile some great investigative pieces that are informative and worth the 30-minute investment each night, four times a week, 40 weeks out of the year. Still, the show airs on a network that is home to comedian Daniel Tosh and his collection of internet videos

featuring people falling off roofs, getting hit by cars or anything resembling a typical frat party on a Saturday night. So we have to take their programming for what it is: entertainment.

The frustrating thing is that the biggest news outlets that exist on cable television are a failure. They fail to simply provide the news and instead serve to promote liberal or conservative agendas. MSNBC is to the liberals what Fox News is to conservatives: a source of information meant to reaffirm their beliefs and biases. So instead of giving us quality news coverage, productive analysis of events, or constructive criticism of any sort, these news agencies provide all of the material needed for The Daily Show to succeed. I am sure the Hannity/Stewart feud will eventually settle down; each side will believe they won the feud but Americans will continue to lack a dependable news source. •

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Lovey is the sweetest dog ever! She was found as a stray in an empty lot with her two puppies; her owners were never located. Lovey is wonderful with all other dogs, loves all people and would like nothing better than to just hang out in your lap. She is very sweet, very smart and a very quick learner. With her cheerful personality, Lovey's tail is always wagging. She loves going for walks and is up for whatever outing you have planned. Lovey is spayed, current on vaccinations, microchipped, and fine with other dogs.



Lovey's favorite place is your lap.

5 pounds at only 5 weeks old and they were all born with docked tails. This is a fantastic litter of sweet, curious, lovable, no-issue pups. They will require that you have the time on your hands to raise them properly. They will need to stay in the South Bay and north Orange County area since they are unfixed and will need to visit us frequently during the next several months. Spurs will be neutered when of age; is currently on vaccinations, is dewormed, microchipped, fine with other dogs; and for the

puppy's well-being, best placed with mature children over 7 please.

To learn more about these and other wonderful dogs, visit our website at www.animalsrule.org. If a dog is on our website, it's available. Come to our Saturday adoption events from 11 a.m. - 3 p.m. at 305 North Harbor Blvd., San Pedro (just off the 110 near the cruise port). We are always in need of donations for veterinarian bills and our senior dogs. Donations can be made through our website or by sending a check payable to: Animals Rule Placement Foundation at 305 North Harbor Blvd., San Pedro, CA 90731. All donations are tax-deductible; we are a registered 501©3 non-profit organization.

Saving one animal won't change the world, but the world will surely change for that animal. •

Jackie is a beautiful 3 year old Shepherd/Lab mix. She was found as a stray and microchipped, but the people at the address she was registered to denied knowing her. So it's time for a new, better home for Jackie. Jackie is a wonderful dog who is 3 years old and weighs 68 pounds. She already knows how to sit and lay down on command. As she loves to go for walks and



Jackie loves walks and family time.

is great with kids, Jackie will be a great family addition. Jackie is spayed, current on vaccinations, dewormed, and microchipped.

Spurs is one in a litter of 5 week old puppies we found being sold on the street corner: three boys and two girls. We DNA'd two puppies from this litter, so about the time they are 8 weeks old we will know what their breed is. We do know that they will be medium to large in size since they weigh



Spurs is a puppy who needs a family to love.

Happy Tails

With a little dog like **Radar**, what's not to love! His new family is totally smitten and as well as everyone who meets him.

"Radar is settling in great. He played, chased his ball, ate well and has more energy than Jim and I combined. Radar loved Jim from the moment we walked in the door and even though Jim looked at him and said "he's a Chihuahua," it didn't take long for Jim to fall in love too. He is the happiest, sweetest, loving, and funny little dog we've ever had! When he takes off running, he skips the first few steps...so funny to watch! He's great at meeting people too. Our contractor stopped by, too, and was instantly smitten. Radar greeted him with



Radar is settling in and loves his new family and all the friends that he is meeting there!

his little waggie tail and lots of kisses. I got him a booster seat for the car so we can start going for rides and coming to Animals Rule in the mornings. Bud the cat is not happy but that will come in time. Radar just doesn't understand why this guy will not play with him!

He's sleeping well. He has a bed in the living room and one in the den, but, of

course, he sleeps in bed with us lying flat on his back with all four feet in the air. He's managed "sit" several times, but Jim says it's accidental. I know better: he is so smart and so very eager to please. All it takes is a gentle "no" and he stops whatever he is not supposed to be doing. Did I mention he loves his back yard? We play ball with him, but he's great at throwing the balls around himself and chasing them. Yesterday a butterfly landed on one of the balls and he was totally in awe: stopped, stared for the longest time and when the butterfly flew away, he was in hot pursuit. I like to think it was Roxy welcoming him home.

And his name will stay Radar: he walks around half the time with one ear up and one down. Radar suits him nicely. Thank you both for rescuing Radar and for all the other dogs you have rescued and will continue to rescue. What you do is incredible! Love, Mary, Radar, Jim and Bud."

When you adopt a "pet without a partner," you will forever make a difference in their life and they are sure to make a difference in yours. •

Purrrfect Companions

Come and find your perfect partner at our Cinco de Meow open house on Sunday, May 4, noon to 5 pm, hosted by our Kitten Rescue Sanctuary. You'll enjoy raffle prizes, music, food, drinks and meow-garitas with your fellow animal lovers. Adoption fees for adult cats will be only \$20. To RSVP and for directions to the sanctuary, please email Sandra@kittenrescue.org.

Arwen is a gorgeous little brown tabby and white girl with soft golden eyes. This sweet girl was rescued from death along with her 4 less than one week old kittens. In her foster home, Arwen has four playmates, and she loves them all! She is very playful and runs around with the 6-month-old kittens; it's a good match- she's a small cat! Arwen loves to be petted, and she will purr up a storm if you let her. Arwen needs patience, love, and understanding as she continues to gain confidence from whatever made her so scared before being rescued and would be best suited in a calm household. If you're looking for a kitty who is low maintenance, but is a good playmate for your cat, Arwen would be your girl!

JellyBean is one very lucky kitten. He was discovered in a car engine, and his foster mom fished him out and cleaned him up. With his fluffy black coat, Jellybean is going out of his way to prove that black cats are lucky! And as if his handsome licorice coloring wasn't enough, he has developed hints of a white undercoat giving him a smoky appearance that is just too adorable for words. JellyBean absolutely loves other cats and even dogs. He is the perfect companion for a lonely cat as he is very high energy due to his youth. If you don't already have a kitty companion for him, Jellybean would love be adopted with Charleze, a gorgeous black female kitty who has adopted JellyBean as her baby or with fluffy grey kitten Constantine, who became his kitten companion upon his own rescue.



Arwen loves to be petted in a calm environment.

These pets are available for adoption through Kitten Rescue, one of the largest cat rescue groups in Southern California. All of our kitties are spayed/neutered, microchipped, tested for FeLV and FIV, dewormed and current on their vaccinations. For additional information and to see our other kitties, please check our website www.kittenrescue.org or email us at mail@kittenrescue.org. Your tax deductible donations for the rescue and care of our cats and kittens can be made through our website or by sending a check payable to Kitten Rescue, 914 Westwood

Blvd. #583, Los Angeles, CA 90024.

On Saturdays, we have adoptions from noon to 3:30 p.m. in Westchester at 8655 Lincoln Blvd. just south of Manchester Ave. and also in Mar Vista at 3860 Centinela Ave. just south of Venice Boulevard. Our website lists additional adoption sites and directions to each location.

Be kind. Save a life. Support animal rescue. •



JellyBean is a great addition to a pet family.

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To RSVP and to receive the address of the sanctuary, email sandra@kittenrescue.org

Finance

from page 3

People

eye on your credit accounts, where evidence of potential fraud and identity theft may first appear. Identifying such signs early may help mitigate some of the damages associated with identity theft.

While it's true that consumers can do on their own virtually everything a credit monitoring product does, going it alone can sometimes be time-consuming and burdensome. Convenience is a significant benefit of a credit monitoring product. Not all credit monitoring products are alike, however, and if a company offers you this product in the wake of a data breach, don't hesitate to carefully review the product and ask questions, including:

- Does the product provide daily monitoring of credit files?
- Will you receive timely alerts of key changes in your credit files?
- Does the product monitor your credit file at all three of the major credit reporting agencies, or only one? For example, Equifax Complete monitors information from all three bureaus.
- Are financial alerts included, and is it possible to link your bank and credit card accounts to the monitoring product? This

allows you to be alerted when withdrawals from your bank account and/or charges to your credit card are processed, based on threshold amounts that you define.

• Is Internet scanning for your Social Security Number and credit card numbers included? This may help detect unauthorized posting of your Social Security number and credit card numbers on certain suspicious trading sites.

If a breached company cannot answer these questions, or you're not satisfied that the credit monitoring product being offered is comprehensive enough for your needs, you may need to take additional steps. First, you should ask the breached company for a different product. Such companies are increasingly aware of the impact data breaches can have on their reputation, and may be more willing to engage with those customers who feel they're not receiving an appropriate response in the wake of a data breach. If a company refuses to respond to your request, consider also subscribing to a more suitable product of your choice on your own - it can be a key step toward regaining some confidence and peace of mind when you're a data breach victim. •



Graduation

Dylan Goodreau (ESHS class of 2009) graduated from the Navy Recruit Training Command on Friday, April 18, 2014. Dylan was chosen Honor Recruit for his division by his peers and was also named Recruit Chief Petty Officer, authority granted by Recruit

Division Commanders.

Dylan is studying Nuclear Engineering in Goose Creek, SC. He is first in his family to serve in the military since his grandfather, Ted Goodreau (Army Air Corps -World War II). Dylan's family is exceedingly proud! •

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